



# The Mandala Experience

## Self-Care and Adventure

The Mandala Center is offering a weekend of reflection as we continue our series of Self-Care and Adventure retreats. Reflect as you spend time refreshing and renewing body, mind, and spirit through rest, prayer, and meditation. Spend time surrounded by nature and enjoy delicious, freshly prepared meals.

May 1st—May 3rd

### Planned Activities...

Friday, May 1st—Dinner and Night Sky Program

Saturday, May 2nd—Breakfast

- ◆ Adventure...Dry Cimarron History Tour sponsored by the Folsom Museum

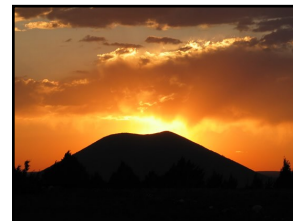
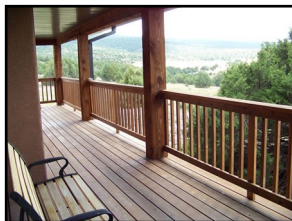
OR

- ◆ Celebrate World Labyrinth Day – walk the Labyrinth / have lunch
- ◆ Dinner
- ◆ Moonlight Hike

Sunday, May 3 – Breakfast

- ◆ Explore, hike, walk the Labyrinth, enjoy the space

There is no charge for the Dry Cimarron History Tour, donations are appreciated. You **MUST** register with the Folsom Museum for the tour by calling 575-278-2122 or emailing [museum@folsomvillage.com](mailto:museum@folsomvillage.com). Then call the Mandala Center to reserve your room.



**Only \$230.00 a person for a private room**  
**\$160.00 a person for a shared room for 2**

To reserve your spot or for more information call  
**The Mandala Center at 575.278.3002.**

Visit [www.mandalacenter.org](http://www.mandalacenter.org).

The Mandala Center is located in northeast New Mexico, 35 miles east of Raton on Hwy 64/87.